

## ***Hope in Your Challenges***

### **Read on it**

#### **Romans 12: 12 (NIV)**

Be joyful in hope, patient in affliction, faithful in prayer.

#### **Romans 12: 12 (MSG)**

Be alert servants of the Master, cheerfully expectant. Don't quit in hard times; pray all the harder.

### **Think on it**

Never lose hope. You will have battles, struggles, heartaches and setbacks. Choose joy as you hope and pray consistently. If you follow God's plan in faith, it will get better!

### **Act on it**

What are the challenges you are currently facing? Write them down (or type them in your phone). Ask God for a spirit of joy and hope. Pray over your list daily, knowing that God will see you through.

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# God will lift you Up

## Read on it

### **James 4:10 (NIV)**

Humble yourself before the Lord and He will lift you up.

### **James 4:10 (MSG)**

Get serious, really serious. Get down on your knees before the Master; it's the only way you'll get on your feet.

## Think on it

Ever made a decision with a prideful heart that resulted in a big fall? Do you feel like you're doing everything you can to move forward but things aren't happening?

Maybe what's missing is that God hasn't been an intentional part of your plan. Be humble enough to include God in your decisions. Make Him a part of each step you take. This will place you in a position where you can stand tall, strong- holding your head up high!

## Act on it

Starting today and moving forward, make God a part of your plans and each decision you make. Pray before each move. Humble yourself to the place where nothing you do makes sense without His confirmation. Remember that He will lift you up when your heart is aligned in humility.

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## ***Hope with Patience***

### **Read on it**

#### **Isaiah 40:31 (NIV)**

But those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

#### **Isaiah 40:31 (MSG)**

But those who wait upon GOD get fresh strength. They spread their wings and soar like eagles, they run and don't get tired, they walk and don't lag behind.

### **Think on it**

Loosing hope has a way of zapping your strength. I mean, think about a time when things didn't work out as you expected. Or how about the time you waited and waited for something to happen but it didn't. Times like these can leave you feeling weak in body and spirit. The funny thing is that God usually uses your times of hopelessness to give you a new level of strength that's needed for the next step in your journey. Here's the key, place your hope in the Lord (not in yourself or others). Be patient. Trust me, he's working things out even when it seems like nothing is working. It is during those times where he will give you fresh strength to soar.

### **Pray on it**

Lord, help me to be patient when I feel hopeless. Help me to completely trust in You to work everything out in your time and for my good. Shower me with Your confidence when I feel weak. Give me fresh strength so that I can soar when my new season comes. In Jesus name, Amen.